Physical & Mental Health Committee

Name of Committee: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Committee Members (Present):

Linda Johnson, Kay Gresham

Kathie Johnson, Adeola Oke

Lurelia Hardy



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Chair/Co-chair of Committee: Linda F. Johnson & Maria Hollaway

Date: April 12, 2015

Note Taker: Linda F. Johnson

Subject of Meeting: Distinguished Service Award application, April Health Initiatives, & Relay for Life Event

Report: (include supporting materials, budgets, motions, requests, etc.)

Physical & Mental Health Committee met on Thursday, April 2, 2015 at 5:30pm, at the Main Branch Downtown Library.

1. Committee reviewed and began completing the Distinguished Service Award Application, which is due on or before May 1, 2015.

2. **April 18, 2015 (Saturday) - 6th Annual Take Back the Day 5K Walk/Run** to Prevent

Child Abuse & Sexual Violence – GRU, Summerville Campus (starts at Amphitheater ends

at University Hospital entrance)

5K Registration: 7:30 – 8:30 am

5K Race Begins: 8:45 am

**April 23, 2015 (Thursday) - Take Back the Night Rally**, 6:00 – 8:00pm

GRU Summerville Campus, Maxwell Performing Arts Theater Lawn

Action Recommended:

3. **May 2, 2015, Relay for Life,** **Westside High School, 11:00am – 11:00pm**

Team Name: Delta Sigma Theta – Augusta Chapter

Team Fundraising Goal: $1000.00

Each soror is asked to make a minimum donation of $20.00 towards our team goal. All

proceeds from the hotdog sale will go towards our ACC Team donation. Please go to the site

below if you would like to make an on-line donation. A luminary can also be purchased in

honor of, or in memory of someone. See Barbara Thomas for additional information.

<http://main.acsevents.org/site/TR/RelayForLife/RFLCY15SA?team_id=1764154&pg=team&fr_id=64385>

Sorors are asked to sign up for one (or more) 3 hour time-frames.

11:00am – 2:00pm;

2:00pm – 5:00pm

5:00pm – 8:00pm

8:00pm – 11:00pm).

We also need the following donated items: hotdogs, hotdog buns, potato chips, cookies,

bottled water, ketchup, mustard & napkins. We will sell these items and the proceeds will be

added to our chapter donation. A donation sign-up sheet will be distributed at the April 18th

meeting.

The next meeting for Physical & Mental Health Committee is Sunday, April 19, 2015 at 6:30pm, at Soror Lurelia Hardy’s home.

Signature of Committee Chair: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_